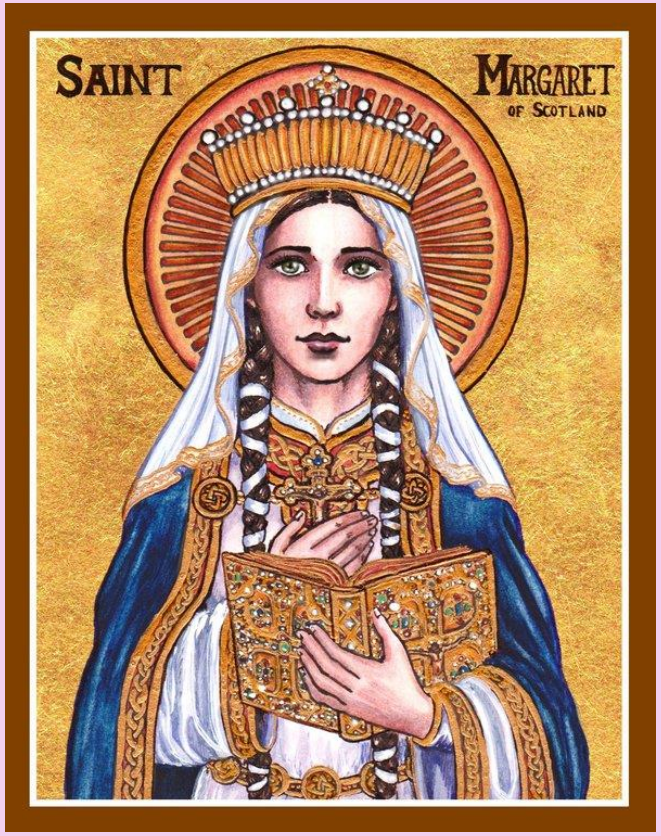
Monday 16th November – St Margaret of Scotland

Today we remember St Margaret of Scotland. Born into a royal family in the eleventh century, she spent part of her childhood in exile before arriving in Scotland, where she married King Malcolm III and became queen. She was the mother of eight children, but she never allowed her position to make her proud. Margaret was known for her deep prayer life and her practical care for others. She fed the hungry, she looked after orphans, and she is said to have served meals to the poor with her own hands before sitting down to eat herself. Today is also the International Day for Tolerance, which reminds us that kindness and respect for every person is something the whole world is



Monday 16th November - St Margaret of Scotland

Loving God, you gave St Margaret of Scotland a generous heart and a great love for people who had very little. She used her position not to be served but to serve, and she found you in the faces of the poor and the forgotten. Teach us to be generous in the same way. Help us to share our time, our talents and our kindness with everyone around us this week, especially anyone who is struggling or left out. Make us respectful and tolerant of one another's differences, and give us the humility to see that every person is precious in your eyes. May

School Inspired Pray

Mary, Queen of Angels. We give you thanks for your dedication and love to Jesus Christ. May we, too, have that love and purity in both heart and mind: 'In the Cross, while I breathe, I trust'. Amen.



Tuesday 17th November - St Elizabeth of Hungary

Today is the feast of St Elizabeth of Hungary. Born in 1207, she was a princess who was married at the age of fourteen and widowed by the age of twenty. In a world where royalty lived in great comfort, Elizabeth chose to use her wealth and her energy for the poor. She gave bread to the hungry, built a hospital, and cared for the sick with her own hands, even when others in the court disapproved. She died at only twenty-four, yet she is remembered across the world as the patron saint of charitable works. Today is also International Students' Day, which celebrates students everywhere and the right of every young person to



Tuesday 17th November – St Elizabeth of Hungary

Loving God, you gave St Elizabeth of Hungary a courageous heart and a deep care for people in need. She did not wait until she was older or until life was easier to start helping others, and she did not count the cost. Help us to notice who needs our kindness today, in our classrooms, in our corridors and in our homes. Give us the courage to act with justice, even when it is not the easy or popular thing to do, and give us the joy that comes from giving without expecting anything back. Today we also give thanks for the gift of education, and we

School Inspired Pray

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Wednesday 18th November – Red Wednesday

Red Wednesday is a day of prayer and awareness for Christians who are persecuted for their faith. It is organised by Aid to the Church in Need (ACN), a Catholic charity founded in 1947 and now a pontifical charity, meaning it works under the Pope's authority. ACN supports suffering and persecuted Christian communities around the world.



On Red Wednesday, hundreds of cathedrals, churches and other public buildings are lit or draped in red. Red stands for the blood of the martyrs, and in the UK, landmarks such as Westminster Cathedral and Westminster Abbey have been lit red. Red Wednesday is the focal point of Red Week, an international campaign from 15 to 23 November.

Why it matters: ACN reports that one in seven Christians face extreme hostility, violence and repression because of their faith. In some countries, people risk attack, arrest or the

Wednesday 18th November – Red Wednesday

Lord Jesus Christ,
you know what it is to suffer for the truth.
Today we remember our brothers and sisters
who are persecuted because they believe in you.

Be close to families who are afraid to gather for Mass.
Comfort those who have lost loved ones or homes,
and give courage to every priest, teacher and child
who keeps the faith alive in danger.

Soften the hearts of those who cause suffering,
and help us to stand with the persecuted
in our prayers and in our actions.

Mary, Queen of Martyrs, pray for us.

Amen.

School Inspired Pray

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Thursday 19th November - Mary Ward and Truth

Another of the values of Mary Ward is truth. Truth was at the heart of Mary Ward's life, and it cost her dearly. In 1631, after years of building her schools and her community of sisters, she was accused of heresy and imprisoned in a convent in Munich, even though she had done nothing wrong. She spent weeks in a small cell, unwell and cut off from her friends, yet she never gave up her faith or her integrity. Eventually the truth was recognised and she was released. Living in truth means being honest with others, but it also means being honest with ourselves: admitting when we have made a mistake, resisting the temptation to



Thursday 19th November – Mary Ward and Truth

Gracious God, you are the source of all truth, and you ask us to walk in the light. Help us to be honest in what we say and in what we do, even when it would be easier to hide or to pretend. Give us the humility to admit our mistakes and to say sorry, and the courage to say what is right when others stay silent. Protect us from gossip, from half-truths and from the things we say that can hurt others. Thank you for Mary Ward, who stayed true to her convictions in the face of great suffering and who trusted in you when things were hard. May her example give us strength. Help us to be people whose word can be trusted, so that those who know us can say that we are the same person in every place. Through

School Inspired Pray

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Friday 20th November

The Examen is a simple way of looking back at our day with God.

Listen to the Gospel:

As you listen, allow yourself to be still and notice what stands out to you.

Then, take a moment to reflect:

What is God saying to me through this Gospel?

What has gone well for me this week?

Where have I shown kindness, courage or love?

Is there anything I wish I had done differently?

Who might need my kindness or support today?

What is one thing I want to ask God for?

School Inspired Pray

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